



QUALIFICATION SYSTEM – GAMES OF THE XXXIII OLYMPIAD – PARIS 2024

INTERNATIONAL WEIGHTLIFTING FEDERATION (IWF)

A. EVENTS (10)

Men's events (5)	Women's events (5)
61kg (≤ 61.00 kg)	49kg (≤ 49.00 kg)
73kg (61.01kg-73.00kg)	59kg (49.01kg-59.00kg)
89kg (73.01kg-89.00kg)	71kg (59.01kg-71.00kg)
102kg (89.01kg-102.00kg)	81kg (71.01kg-81.00kg)
+102kg (>102.00 kg)	+81kg (>81.00 kg)

B. QUOTA PLACES

1. Total quota places for discipline:

	Olympic Qualification Ranking (OQR)	Continental Representation	Host country quota places	Universality Places	Total
Men	50	5	2	3	60
Women	50	5	2	3	60
Total	100	10	4	6	120

2. Maximum number of athletes per National Olympic Committee (NOC) per event:

	Quota places per NOC
Men	3 – maximum 1 per event
Women	3 – maximum 1 per event
Total	6

3. Maximum number of athletes per event

	Maximum number of athletes per event
Men: Each weight category	12 (1 per NOC)
Women: Each weight category	12 (1 per NOC)



4. Type of allocation of quota places:

Quota places are allocated to the athlete(s) by name.

If an NOC has more than three (3) athletes in one gender who are eligible to receive quota places, then the NOC will decide which of these athletes will receive the quota places, respecting the maximum number of athletes per National Olympic Committee (NOC) per event.

Host country quota places are allocated to the NOC for eligible athletes.

Universality quota places are allocated to the eligible athlete by name

C. ATHLETE ELIGIBILITY

Compliance with the Olympic Charter and other relevant rules

All athletes must respect and comply with the provisions of the Olympic Charter currently in force, including but not limited to Rule 41 (Nationality of Competitors) and Rule 43 (World Anti-Doping Code and the Olympic Movement Code on the Prevention of Manipulation of Competitions).

Only those athletes who respect and comply with the Olympic Charter, the World Anti-Doping Code and the Olympic Movement Code on the Prevention of the Manipulation of Competitions, including the conditions of participation established by the IOC, plus the rules of IWF, including the current IWF Anti-Doping Rules ([IWF ADR](#)), may participate in the Olympic Games Paris 2024.

Age requirements

To be eligible to participate in the Olympic Games Paris 2024, athletes must be born on or before 31 December 2009.

Additional IF eligibility criteria

To be eligible, an athlete shall meet the following criteria:

1) *Mandatory event participation*

a) An Athlete must participate in the following events:

i. **Compulsory Events**

- 2023 IWF World (Senior) Championships / Q4 2023
- 2024 IWF World Cup / Q2 2024

Participation in these events is compulsory; if an athlete fails to participate in any of these two events, he/she shall not be eligible to participate at the Olympic Games Paris 2024, except in truly exceptional circumstances.¹

¹ Truly exceptional circumstances would require an extraordinary objective (physical or other) impossibility to attend the event (e.g. a severe injury (supported by documentary evidence) making it impossible for the Athlete to travel to the event or attending the competition was impossible due to travel restrictions). The regime of



ii. Additional Events

Participation in a minimum of three of the following events:

- 2022 IWF World (Senior) Championships / Q4 2022
 - 2023 Continental (Senior) Championships (or Continental Senior Games if are officially replacing the Continental Senior Championships) / Q1-Q2 2023
 - 2023 IWF Grand Prix I / Q2-Q3 2023
 - 2023 IWF Grand Prix II / Q3-Q4 2023
 - 2024 Continental (Senior) Championships / Q1-Q2 2024
- b) For host country places, athletes must participate in the two compulsory events of Section C.1.a.i. and at least at two of the events of Section C.1.a.ii..
- c) For Universality places, athletes must participate in at least two of any of the events listed in Section C.1.a.i. and C.1.a.ii..
- d) Participation for the purposes of the above means, at a minimum, attending, weighing-in, and participating in the official introduction of athletes (as per [IWF Technical and Competition Rules & Regulations](#) - section 6.5). For the avoidance of doubt, participation does not require competing at the event.
- e) In order to assist in anti-doping testing efforts, it is recalled that, per 5.5.16 IWF ADR, “[t]he Member Federations are obliged to submit to IWF the list of Athletes set to participate in IWF Events, including the following whereabouts information: (a) home address and (b) training location received from each Athlete, at minimum two months prior to the IWF Event in question. If the IWF Event is a World Championship (Youth, Junior and/or Senior), then the period shall be of at least 3 months prior to the Event in question.” All Athletes may be subject to no-notice unannounced testing under the IWF anti-doping rules and/or their national anti-doping rules. If the Athlete is in a national or international Registered Testing Pool, then they must comply with all whereabouts requirements as an RTP athlete. An Athlete may be ineligible to compete in the mandatory events if whereabouts requirements are not met.
- f) The International Testing Agency (ITA) will plan and execute a robust In- and Out-of-Competition Test Distribution Plan, driven by an ISTI-compliant risk assessment, which includes, but is not limited to, increased focus on countries with a history of doping.

2) Mandatory Education

exception circumstances shall be strictly applied, in view of the overall objective of the rule. Whether truly exceptional circumstances are present will be reviewed at their absolute discretion by a commission of five persons appointed by the IWF Executive Board, composed of three persons recommended by the International Testing Agency (ITA - including at least one medical doctor), and the chairs of the IWF Medical and Technical Committees (without voting rights). Rules governing the procedure before the commission may be issued by the IWF Executive Board. Any application for exemption based on truly exceptional circumstances shall be filed with the IWF Secretariat as soon as possible from the moment the truly exceptional circumstances have become known, and at the very latest **within five (5) days** from the last competition day of the event in which the Athlete did not participate.



- a) Every Athlete must complete the E-learning Course for Registered Testing Pool Athletes on the WADA ADEL platform ([Anti-Doping Education and Learning](#)) or equivalent Education Course of a National Anti-Doping Organization as mandatory education in order to be eligible to receive quota place. Each NOC/Member Federation shall ensure that the program is duly completed by their Athletes and shall have the responsibility to provide the IWF with a certificate demonstrating the completion of the programme by 28 April 2024 at the latest and inform the NOC accordingly.

Consequences due to Anti-Doping Rule Violations

Without prejudice to the power of the Independent Panel per article 12.1 IWF ADR (the “Independent Panel”) to impose any other consequences, such as Member Consequences, under article 12 IWF ADR, the following provisions shall apply:

- a) In the event that during the period from 23 July 2021 until 25 July 2024 a Member Federation (MF) is found to have breached an obligation under the IWF ADR, including, without limitation, under Article 18 (but excluding the violations under Article 12), or failed to comply with any directive or request on anti-doping matters issued by the IWF, the Independent Panel may withdraw some or all of the quota place(s) from that MF/NOC with regard to the Olympic Games Paris 2024 or the next ensuing Olympic Games.
- b) Should three (3) or more Anti-Doping Rule Violations sanctioned by IWF or Anti-Doping Organisations other than a Member Federation or its National Anti-Doping Organisation have been committed by Athletes and/or other Persons affiliated to such MF/NOC from 23 July 2021 until 25 July 2024, the Independent Panel may withdraw some or all of the quota place(s) from that MF/NOC with regard to the Olympic Games Paris 2024 or the next ensuing Olympic Games.² In cases where three or more of the underlying violations involve periods of Ineligibility of four years or more, all quota places shall be withdrawn.
- c) When considering the application of point a) and b) above, the Independent Panel may refer to the principles set forth in Article 12.3.2 and 12.4 IWF ADR applicable to the imposition of Member Consequences. Similarly, the procedural rules of Article 12.7 of the IWF ADR apply by analogy to the process pertaining to the provisions above.
- d) Any quota places withdrawn pursuant to point a) and/or b) above shall be reallocated in accordance with the reallocation process as detailed in section **F. Reallocation of Unused Places**.
- e) With reference to Article 12.3.3 IWF ADR, should two or more Athletes or other Persons affiliated to an MF/NOC be found to have committed an Anti-Doping Rule Violation giving rise to a period of ineligibility of four years or more on the occasion of the Olympic Games Paris 2024 (including following further analyses of samples), the concerned MF/NOC shall be automatically prevented from recommending, entering and/or proposing affiliated Athletes or other Persons for participation in the next ensuing Olympic Games following the final decision imposing the (first two) relevant sanctions (and shall take all necessary measures to prevent such participation), without prejudice to any other sanction that may be imposed in accordance with the IWF ADR.

² Quota reduction with respect to the next ensuing Olympic Games may be justified eg. where the third Anti-Doping Rule Violation is only reported after the Olympic Games Paris 2024.



D. QUALIFICATION PATHWAY

QUOTA PLACES

Men/Women

Number of quota places	Qualification events																	
50 Men 50 Women (Total 100 athletes)	<p>IWF Olympic Qualification Ranking (OQR)</p> <ul style="list-style-type: none"> The IWF will be publishing the OQR including one athlete per Olympic bodyweight categories per NOC with the highest Totals (in kilograms). The OQR will be collated from the official results only from the following IWF international events: <ul style="list-style-type: none"> ➤ 2022 IWF World (Senior) Championships ➤ 2023 Continental (Senior) Championships (or Continental Senior Games if is officially replacing the Continental Senior Championships) ➤ 2023 IWF Grand Prix I ➤ 2023 IWF Grand Prix II ➤ 2023 IWF World (Senior) Championships ➤ 2024 Continental (Senior) Championships ➤ 2024 IWF World Cup The OQR will be available on the IWF website at https://iwf.sport Results achieved by athletes in non-Olympic bodyweight categories will be included in the OQR in the respective Olympic bodyweight category that incorporates their weight as indicated in the below table (e.g., athlete's total in M67kg achieved at the 2023 IWF Grand Prix I, will be included in the Olympic bodyweight category of M73kg). The highest Total achieved by each athlete in the events outlined above, shall be counted towards their overall ranking. <table border="1"> <thead> <tr> <th>IWF Men bodyweight categories</th> <th>Olympic Men bodyweight categories</th> </tr> </thead> <tbody> <tr> <td>55kg (≤ 55.00kg)</td> <td rowspan="2">61kg (≤ 61.00kg)</td> </tr> <tr> <td>61kg (55.01kg–61.00kg)</td> </tr> <tr> <td>67kg (61.01kg –67.00kg)</td> <td rowspan="2">73kg (61.01kg-73.00kg)</td> </tr> <tr> <td>73kg (67.01kg–73.00kg)</td> </tr> <tr> <td>81kg (73.01kg–81.00kg)</td> <td rowspan="2">89kg (73.01kg-89.00kg)</td> </tr> <tr> <td>89kg (81.01kg–89.00kg)</td> </tr> <tr> <td>96kg (89.01kg–96.00kg)</td> <td rowspan="2">102kg (89.01kg-102.00kg)</td> </tr> <tr> <td>102kg (96.01kg–102.00kg)</td> </tr> <tr> <td>109kg (102.01kg–109.00kg)</td> <td rowspan="2">+102kg (>102.00kg)</td> </tr> <tr> <td>+109kg (> 109.00kg)</td> </tr> </tbody> </table>	IWF Men bodyweight categories	Olympic Men bodyweight categories	55kg (≤ 55.00kg)	61kg (≤ 61.00kg)	61kg (55.01kg–61.00kg)	67kg (61.01kg –67.00kg)	73kg (61.01kg-73.00kg)	73kg (67.01kg–73.00kg)	81kg (73.01kg–81.00kg)	89kg (73.01kg-89.00kg)	89kg (81.01kg–89.00kg)	96kg (89.01kg–96.00kg)	102kg (89.01kg-102.00kg)	102kg (96.01kg–102.00kg)	109kg (102.01kg–109.00kg)	+102kg (>102.00kg)	+109kg (> 109.00kg)
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109kg (102.01kg–109.00kg)	+102kg (>102.00kg)																	
+109kg (> 109.00kg)																		



	IWF Women bodyweight categories	Olympic Women bodyweight categories
	45kg (≤ 45.00kg)	49kg (≤ 49.00kg)
	49kg (45.01kg–49.00kg)	
	55kg (49.01kg–55.00kg)	59kg (49.01kg–59.00kg)
	59kg (55.01kg–59.00kg)	
	64kg (59.01kg–64.00kg)	71kg (59.01kg–71.00kg)
	71kg (64.01kg–71.00kg)	
	76kg (71.01kg–76.00kg)	81kg (71.01kg–81.00kg)
	81kg (76.01kg–81.00kg)	
	87kg (81.01kg–87.00kg)	+81kg (>81.00kg)
	+87kg (> 87.00kg)	

- At maximum, one (1) athlete per NOC shall be ranked on the OQR, which would be the highest ranked athlete per NOC, in each bodyweight category to be contested at Olympic Games Paris 2024.
- In the circumstance that two, or more, athletes record the same Total in the same Olympic bodyweight category they shall be ranked in order of which achieved the result first, using equivalent Greenwich Mean Times (GMT) to decide such if necessary.

Following the end of the qualification period the highest OQR ranked ten (10) athletes in each event to be contested at Olympic Games Paris 2024 will be allocated a quota place.

- If an athlete is ranked in the top ten (10) in more than one event in the OQR, then that athlete’s NOC in consultation with the Member Federation (MF), as recognised by the IWF, must declare to the IWF by 10 May 2024 in which event that athlete will compete in Olympic Games Paris 2024, and the athlete will then be removed from the OQR in other bodyweight categories. Any freed ranking position due to declaration of competing in another event will then automatically move to the next highest ranked eligible athlete.
- Should an NOC record more than three (3) athletes per gender from different weight categories in the OQR then the relevant NOC in consultation with the MF must declare to the IWF by 22 May 2024 which of these athletes shall be allotted the quota places. Any athletes not so declared will then be removed from the OQR. Any declined ranking positions and quota places will then automatically move to the next highest ranked eligible athlete from an NOC which has not used its three quota places.

The qualification period for the OQR shall begin on 01 August 2022 and conclude on 28 April 2024.

5 Men 5 Women (Total 10 athletes)	<p>OQR – Continental representation</p> <p>To achieve the widest possible representation across the IWF recognised Continental Federations (Africa, Asia, Europe, Oceania, Pan America) one quota place will be distributed to each Olympic bodyweight category using the OQR and the following criteria:</p>
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	<ul style="list-style-type: none">• The highest ranked eligible athlete of a bodyweight category representing an NOC that its Continent is not already represented in the Top 10 of her/his bodyweight category, will be allocated a quota place.• In case more than one Continent is not represented in the Top 10 of a bodyweight category, then the highest ranked eligible athlete of this bodyweight category representing an NOC of these Continents will be allocated a quota place.• If in any Olympic bodyweight category the Continental representation is already achieved, then the Continental quota place will be reallocated according to Section F.
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HOST COUNTRY PLACES

The host country is guaranteed four (4) quota places in Total, two (2) for men and two (2) for women.

Athletes from the host country may obtain quota places through the OQR as any other athlete from any other NOC.

If the host country qualifies less than two (2) men and/or two (2) women quota places through the OQR, the host country may add additional eligible athletes of their choice to achieve the maximum guaranteed quota places specified in this section, respecting the maximum athletes per event per NOC.

UNIVERSALITY PLACES

Six (6), 3 Men and 3 Women, Universality places are made available to eligible NOCs at the Olympic Games Paris 2024.

On 01 October 2023, the International Olympic Committee (IOC) will invite all eligible NOCs to submit their requests for Universality Places. The deadline for NOCs to submit their requests is 15 January 2024. The Tripartite Commission will confirm, in writing, the allocation of Universality Places to the relevant NOCs after the end of the qualification period for the sport concerned.

Detailed information on Universality Places is contained in the “*Games of the XXXIII Olympiad, Olympic Games Paris 2024 - Olympic Games Universality Places - Allocation Procedure and Regulations*” document.

E. CONFIRMATION PROCESS FOR QUOTA PLACES

CONFIRMATION OF QUOTA PLACES



The IWF will publish the final Qualification Ranking lists by 24 May 2024 on its website at <https://iwf.sport>

The IWF will confirm in writing to the NOCs by 24 May 2024 the quota places they have obtained. The NOCs confirm to the IWF by 31 May 2024 if they wish to use these quota places, as detailed in section G. Qualification Timeline.

CONFIRMATION OF HOST COUNTRY PLACES

The host country must confirm in writing to the IWF by 10 June 2024 the use of host country places.



F. REALLOCATION OF UNUSED QUOTA PLACES

REALLOCATION OF UNUSED QUOTA PLACES

If an allocated quota place obtained through the OQR is not confirmed by the NOC by the confirmation of quota place deadline 31 May 2024, or is declined by the NOC, the quota place will be reallocated to the next highest-ranked eligible athlete of the same weight category on the OQR, respecting the maximum quota per gender and per NOC.

If an allocated quota place obtained through the Continental representation is not confirmed by the NOC by the confirmation of quota place deadline 31 May 2024, or is declined by the NOC, the quota place will be reallocated to the next highest-ranked eligible athlete of the same weight category and Continent(s) not yet represented, respecting the maximum quota per gender and per NOC.

REALLOCATION OF UNUSED HOST COUNTRY PLACES

Unused host country place(s) will be reallocated to the next highest-ranked eligible athlete in the OQR of the same weight category, respecting the maximum quota per gender and per NOC.

REALLOCATION OF UNUSED UNIVERSALITY PLACES

Any unused Universality place(s) will be reallocated to the next highest-ranked eligible athlete of the same weight category in the OQR and respecting the maximum quota per gender and per NOC. The process will be repeated until the quota has been filled for each category.



H. QUALIFICATION TIMELINE

Date	Milestone
1 August 2022 – 28 April 2024	Qualification period
15 January 2024	Deadline for NOCs to submit their request for Universality Places
28 April 2024	Conclusion of OQR
1 May 2024	IWF notifies the NOCs which have athlete(s) ranked in the top 10 of OQR in more than one bodyweight category to select the bodyweight category in which the athlete(s) will remain in the top 10 of OQR
6 May 2024	The respective NOCs to notify IWF of the selected bodyweight category of those athlete(s) which are ranked in top 10 positions of OQR in more than one bodyweight category
8 May 2024	OQR is updated
10 May 2024	IWF notifies the NOCs that have more eligible athletes than 3 per gender ranked in the top 10 positions of OQR to select the athletes and bodyweight categories that will remain in the top 10 of the OQR, respecting the maximum number of athletes per NOC
15 May 2024	The respective NOCs to notify IWF of the selected athletes and bodyweight categories that will remain in the top 10 of the OQR, respecting the maximum number of athletes per NOC
16 May 2024	IWF notifies the NOCs that have more athletes than 3 per gender eligible to obtain a Continental quota place to select the 3 athletes per gender and bodyweight categories that will remain eligible to receive the Continental quota places, respecting the maximum number of athletes per NOC
23 May 2024	The respective NOCs to notify IWF of the selected athletes and bodyweight categories that will remain eligible to receive the Continental quota places, respecting the maximum number of athletes per NOC
24 May 2024	IWF publishes the final Qualification Ranking lists and notifies NOCs about the allocated quota places obtained through the top 10 and Continental representation per weight category according to the OQR
31 May 2024	NOCs to confirm the use of allocated quota places to IWF
3 June 2024	IWF to confirm to NOCs the reallocation of any unused quota places
10 June 2024	NOCs to confirm the use of the reallocated quota places to IWF
11 June 2024	IWF notifies the Host Country for the available host country quota places
12 June 2024	Host Country to confirm the use of host country quota places
12 June 2024	IWF to inform IOC on the available bodyweight categories for Universality Places



14 June 2024	The Tripartite Commission to confirm in writing the allocation of Universality Places to the NOCs
14 June 2024	IWF to confirm to NOCs the reallocation of any host country quota places
21 June 2024	NOCs to confirm use of reallocated host country quota places to IWF
21 June 2024	NOCs to confirm use of allocated Universality Places to IWF
24 June 2024	IWF to confirm the reallocation of any Universality Places
01 July 2024	NOCs to confirm use of reallocated Universality Places to IWF
8 July 2024	Olympic Games Paris 2024 Sport Entries deadline
26 July – 11 August 2024	Olympic Games Paris 2024